



CUTASA S.L. COLECTIVIDADES

MENUS DEL MES DE MAYO SIN CERDO



LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

			3 Puré de verdura / Vegetables puree Filete de pollo con patatas panadera / Chicken Breast with baked potatoes Yogur variado/ Fruit yoghurt	4 Judías Blancas estofadas con verdura / Stew beans with vegetables Hamburguesa de calamar con ensalada / Squid burger with salad Fruta y Leche/ Fruit and Milk
7 Puré de calabacín / Courgette puree Albóndigas ternera en salsa con verdura / Meatballs in sauce with vegetables Yogur variado/ Fruit yoghurt	8 Arroz con verduras y pollo / Vegetables and chicken paella Huevos rellenos y ensalada / Stuffed eggs and salad Fruta, Leche / Fruit, Milk	9 Coliflor rebozada / Battered couliflower Estofado de ternera con cous cous / Veal stew with cous cous Fruta, Leche / Fruit, Milk	10 Espirales con tomate / Pasta in tomato sauce Salmon asado con lechuga y maíz / Baked salmon with corn and lettuce Fruta, Leche / Fruit, Milk	11 Sopa de Cocido/ Stew Soup Patata, Zanahoria, Carne de Ternera y Pollo/ Chickpeas, Meat and Cabbage Stew Fruta y Leche / Fruit and milk
14 Judías verdes con tomate / Green beans in tomato sauce Pollo al horno con arroz salteado / Baked Chicken with sauted rice Helado / Ice Cream	15 FESTIVO	16 Patatas guisadas / Potato stew Suprema de atun con pisto / Tuna supreme with vegetables and tomato Fruta, Leche / Fruit, Milk	17 Crema de verdura / Vegetables creme Pavo/pollo con patatas / turkey meat with potatoes Fruta, Leche / Fruit, Milk	18 Arroz con tomate / Rice in tomato sauce Limanda romana con ensalada / Battered limanda with salad Fruta, Leche / Fruit, Milk
21 Lentejas puerro, patata y zanahoria / Stewed Lentils with vegetables Hamburguesa ternera con ensalada / Grilled burger with salad Helado / Ice Cream	22 Ensalada de pasta / Pasta salad Ventresca de merluza romana con ensalada / Battered Hake with salad Fruta, Leche / Fruit, Milk	23 Calabacín rebozado /Battered courgette Tortilla de pavo y ensalada / Turkey omelette with salad Fruta, Leche / Fruit, Milk	24 Paella pollo / Chicken paella Fte. De pescadilla romana con ensalada / Battered hake with salad Fruta, Leche / Fruit, Milk	25 Crema de espinacas / Spinach cream Pollo guisado con patatas / Roast chicken with baked potatoes Fruta, Leche / Fruit, Milk
28 Arroz montañes / Rice in tomato sauce Limanda rebozada con ensalada / Breaded limanda with salad Helado / Ice Cream	29 Crema de puerro / Leek cream Albóndigas ternera en salsa con patatas / Meatballs in sauce with potatoes Fruta, Leche / Fruit, Milk	30 Lentejas / Lentils stew Tortilla de patata con pisto / Potato omelette with pisto Fruta, Leche / Fruit, Milk	31 Macarrones con pavo / Macaroni in tomato sauce Salchichas pavo con ensalada / Grilled sausages with salad Fruta, Leche / Fruit, Milk	